



Lantern AI Interview Practice

User Manual

This user manual will guide students on how to use Lantern AI to practice interviews effectively. Please read through the sections carefully before starting your interview.



General Guidelines

Before you begin, keep the following points in mind to get the best experience:

- **Interview format**
 - The interview is *conversational*, similar to a real interview.
 - Questions will be spoken by Lantern AI, so you must listen carefully.
 - Feel free to ask Lantern to repeat the question if needed.
 - The interview will last for ~10-20 minutes.
- **Environment**
 - Choose a quiet place with minimal background noise.
 - Ensure your camera, microphone, and internet connection are stable.
- **Tips**
 - Speak clearly and naturally.
 - There is no time limit per response – feel free to take a few seconds to think before answering.
 - Treat this like a real interview for maximum learning.
- **To help ensure a smooth assessment experience, please review and complete the checks below before you begin:**
 1. Close other apps using your camera/microphone (most devices can only be accessed by one application at a time).
 2. Close unnecessary applications and browser tabs during the assessment, as high resource usage may affect browser performance.
 3. Avoid mobile/virtual camera or microphone devices. Please use your built-in or standard external camera/microphone.
 4. Confirm camera access is enabled in system settings (On your computer, go to Privacy & Security → Camera and make sure Camera access is enabled.)
 5. Confirm browser/app camera permissions are enabled. After enabling camera access, please double-check that permissions are allowed under:
 - Let apps access your camera, and/or
 - Let desktop apps access your camera



Doing Your Interview Practice

There are 4 roles below for your interview practice:

Banking Analyst (Front Office)

<https://cityu-cb-interview-training.career.ourlanterns.com/2x91ed>

Banking Analyst (Back Office)

<https://cityu-cb-interview-training.career.ourlanterns.com/66102p>

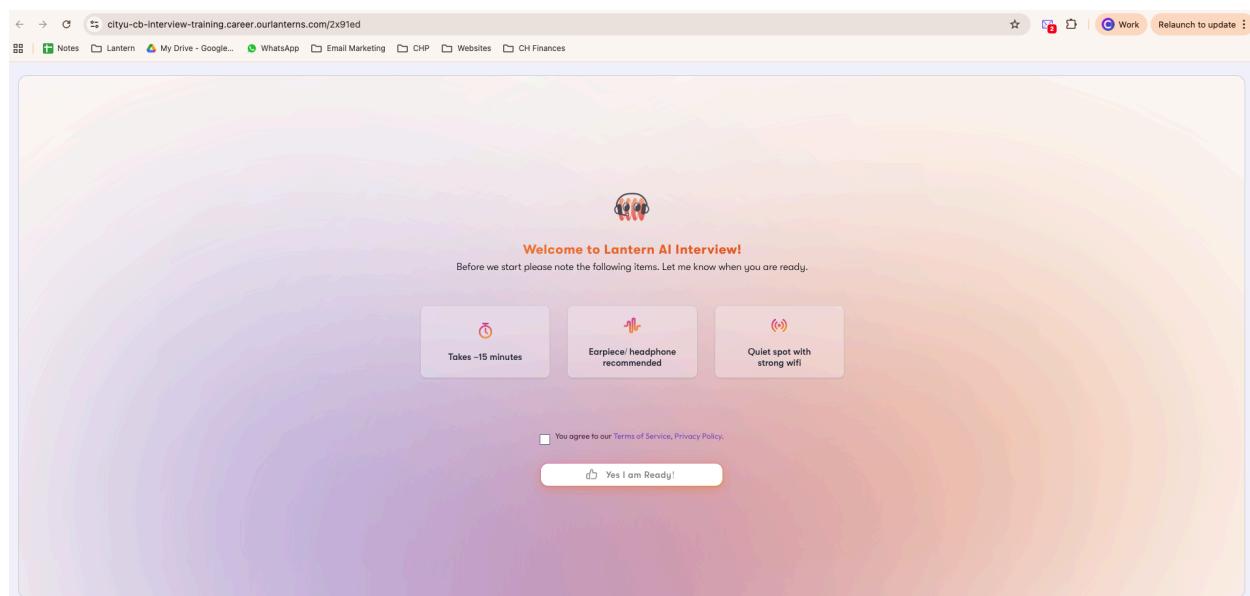
Real Estate Management Trainee

<https://cityu-cb-interview-training.career.ourlanterns.com/exu4wl>

FMCG Management Trainee

<https://cityu-cb-interview-training.career.ourlanterns.com/yr4ct1>

1. Tick the Privacy Policy and click on the “Yes I am Ready!” button.





2. You will see the Job Description for the role you are practicing for. Read it carefully to understand the role and expectations. Then click “Next”

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Interview Background

Banking Analyst (Front Office)
CityU CB Interview Training

As a Banking Analyst, you will leverage strong finance and business acumen, along with rigorous analytical skills and ownership under pressure, to support front-office activities while championing a risk and control mindset in the back office. You will drive process improvement, embrace automation thinking, and maintain meticulous attention to detail and data integrity, ensuring efficient, compliant, and high-quality financial operations.

Show less

Next

3. Input your First Name, Last Name and Email address. Then click “Verify my email”

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Complete your Lantern profile

First Name *

Chris

Last Name *

Wong

Email *

you@example.com

Verify my email



An OTP (One-Time Password) will be sent to your email.

OTP for Banking Analyst (Front Office) at CityU CB Interview Training Interview [Inbox](#)

Lantern AI <team@lantern.careerhackers.io>
to jason.lam

11:15 AM (0 minutes ago) [Star](#) [Reply](#) [Forward](#) [Print](#)



Welcome to Lantern!

Dear Jason,

You received this email because you've applied for the **Banking Analyst (Front Office)** position at CityU CB Interview Training. To continue with the interview process, please enter the following One-Time-Password (OTP) for account verification.

Your One-Time Password (OTP) for account verification is:

5 8 7 9 7 0

This OTP is valid for **5 minutes**.
Please enter it promptly to complete your registration.

If you didn't request this, you can safely ignore this message.
Your account remains secure.

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4. Enter the OTP to verify your email address. Then click “Verify OTP”

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Verify OTP

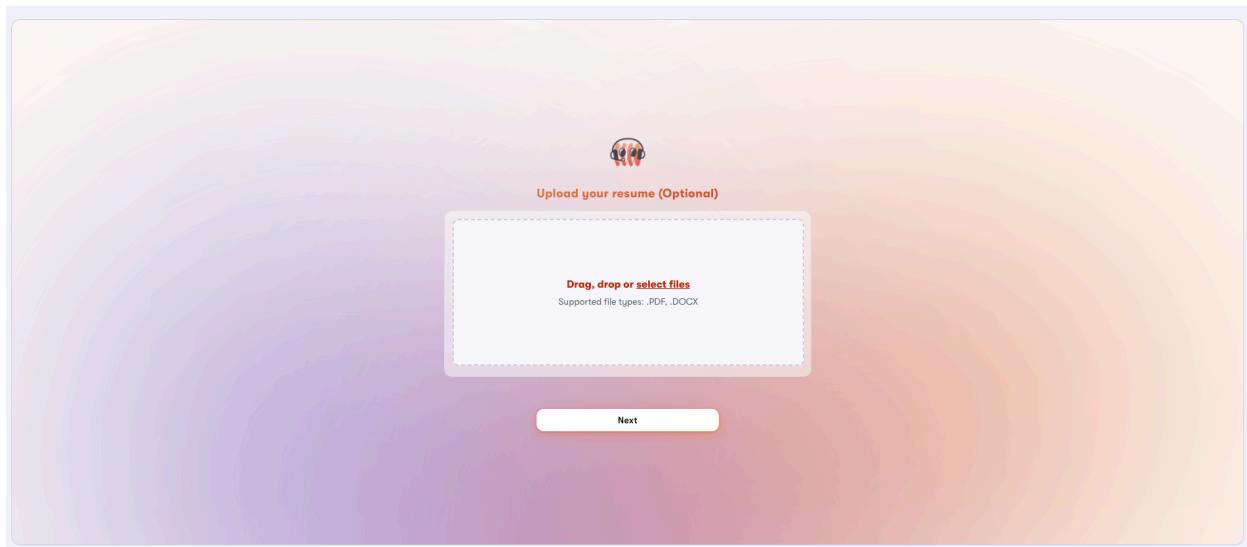
A one-time password (OTP) has been sent to jason.lam@careerhackers.io.
If you do not receive the email, please check your spam or junk folder.

Enter OTP
6-digit code

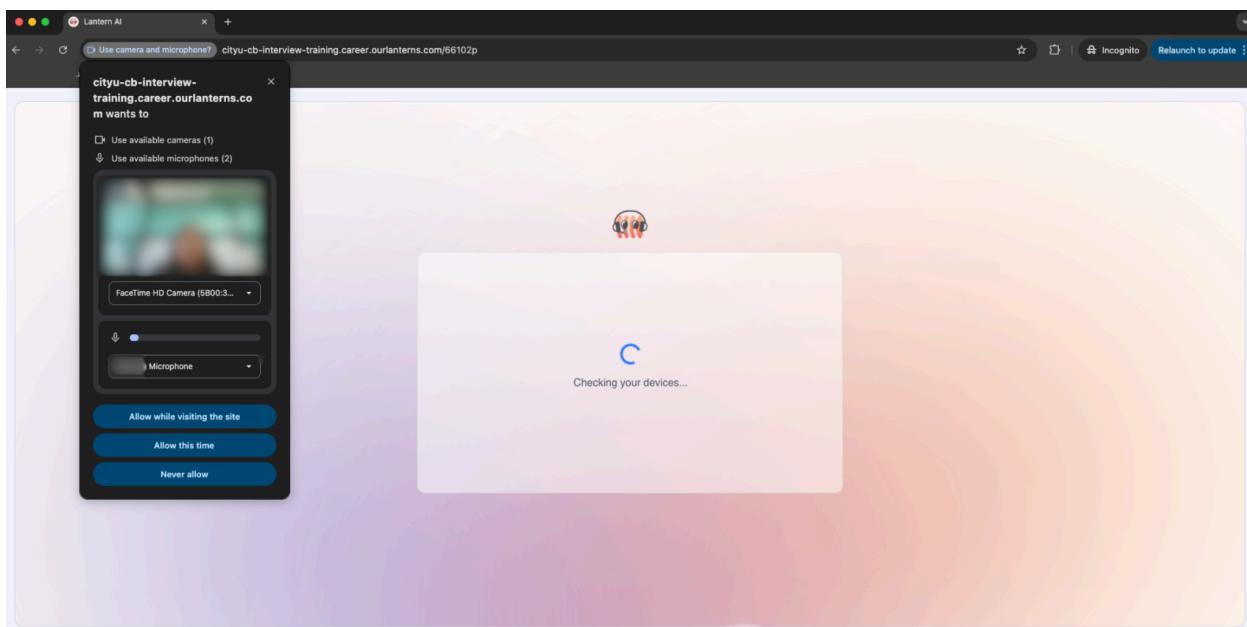
Verify OTP



5. Upload your CV in the supported format. Then click “Next”

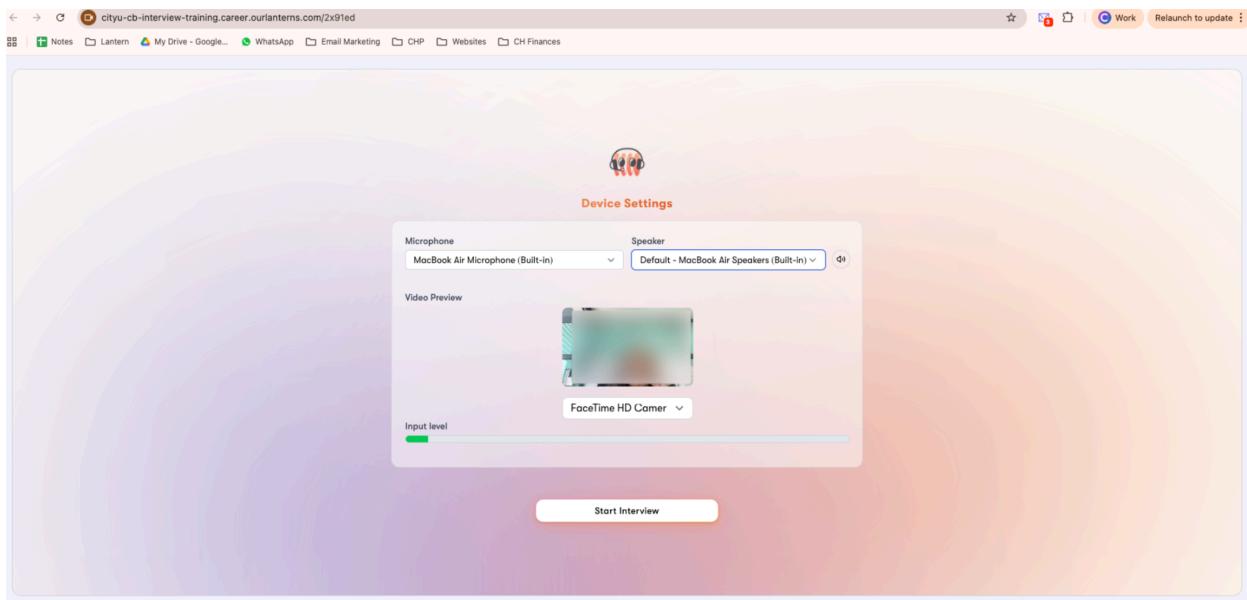


6. Allow Lantern AI to access your camera and microphone.

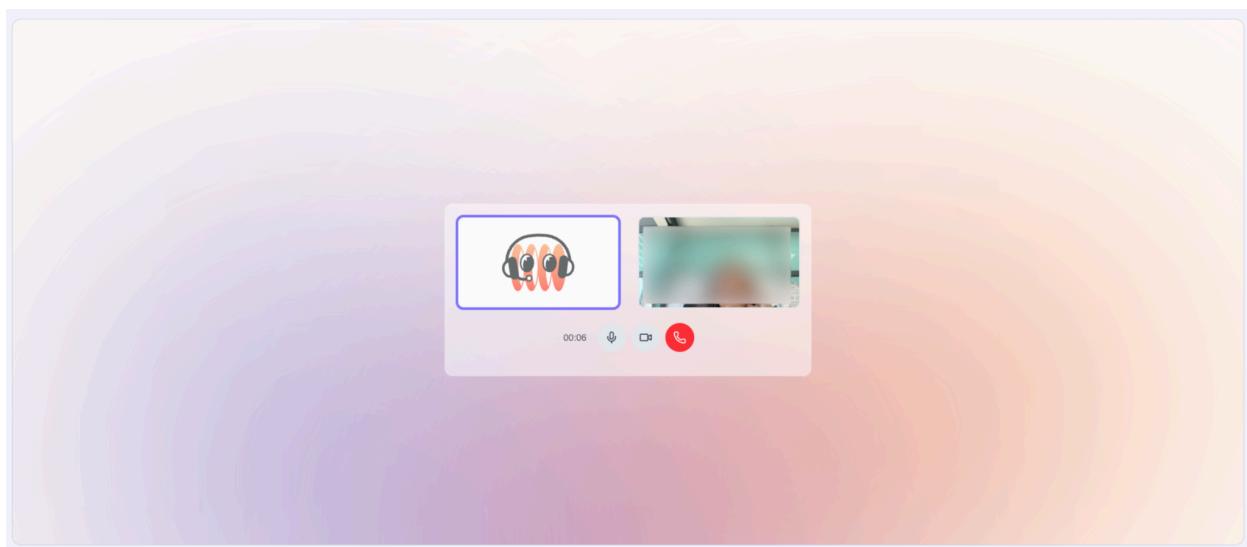




7. Check your Device Settings. Ensure your video preview is normal, and your audio input level is high. Then click “Start Interview”



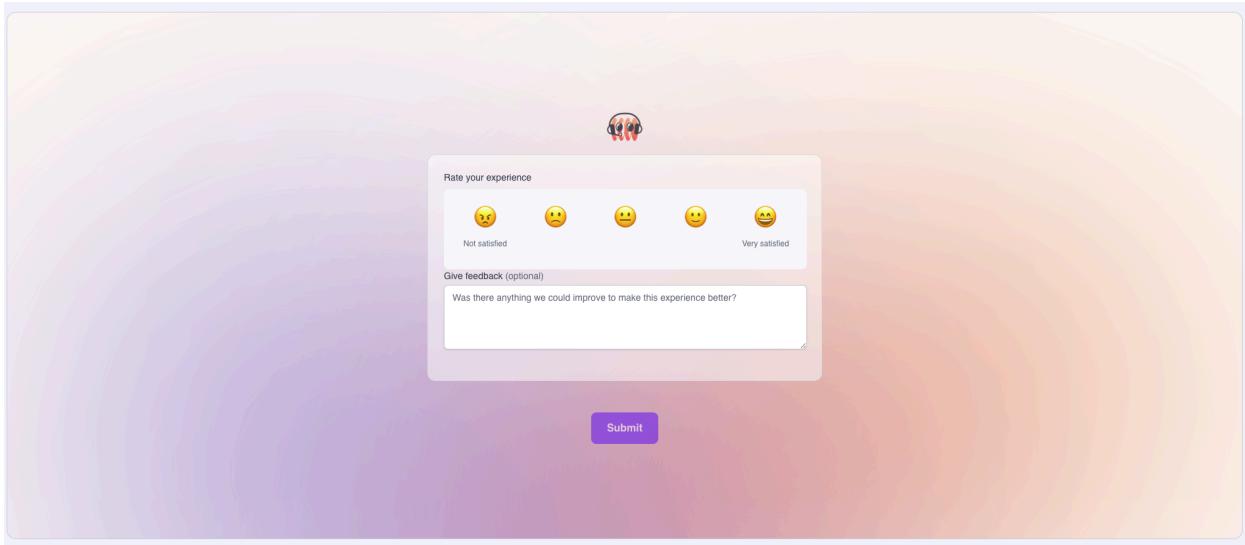
8. Now you can start your conversation with Lantern!



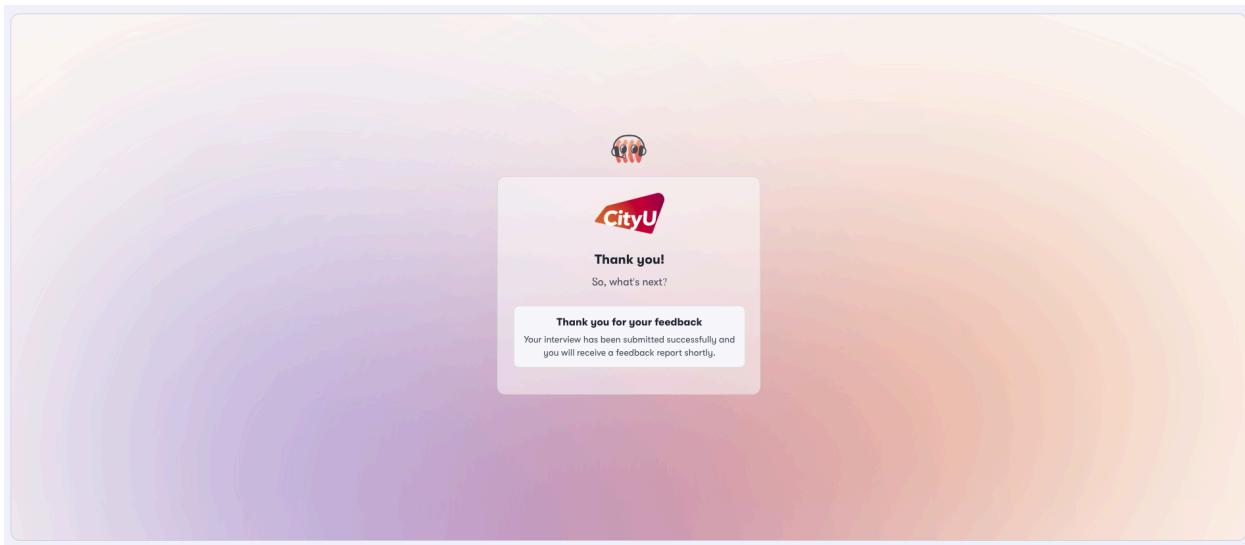
Note: Do not refresh, close the browser, or end the call during the interview.



9. After the interview ends, rate your experience based on your session.

A screenshot of a feedback survey interface. At the top, there is a small headphones icon. Below it is a rating scale titled "Rate your experience" with five emoji faces ranging from "Not satisfied" (frowny) to "Very satisfied" (smiling). A "Submit" button is located at the bottom of the survey area.

10. You will receive a confirmation that your interview has been successfully completed.





11. You will also receive an email confirmation after the interview.

Thank You for Your Time! | Interactive Conversation with Lantern AI for Banking Analyst (Front Office) at CityU CB Interview Training [External](#) [Inbox](#)

Lantern AI <team@lantern.careerhackers.io>
to me ▾

Hi Manisha,

We appreciate you taking the time to complete your interactive conversation with Lantern AI.

You will receive a feedback report shortly.

If you have any questions, you can reach our support team at support@ourlanterns.com.
We're here to support you every step of the way.

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12. Your interview performance report will be sent via email 15-30 minutes after your interview.

Your Interview Feedback - Banking Analyst (Back Office) (Ref no.: 2b9dc49b) [External](#) [Inbox](#)

Lantern AI <team@lantern.careerhackers.io>
to me ▾

Hi Manisha,

Thank you for completing your interview for **Banking Analyst (Back Office)**. We've analyzed your performance and prepared personalized feedback to help you grow and improve.

Interview Completed Time: 2026-01-14 17:46 HKT
Attempt ID: 6967656ee5904ed32b9dc49b

Your Strengths

- ✓ Suggested using a checklist system and breaking tasks into smaller segments to maintain accuracy in repetitive work, showing basic awareness of managing details under pressure.
- ✓ Proposed creating personal milestones and scheduling check-in meetings with supervisor in the first 90 days, indicating proactive planning for performance tracking.

Areas for Growth

Reply Forward Share in chat

FAQs



1. What should I do if I haven't received an email for OTP?

- Ensure the email address you entered is correct.
- Check your Spam / Junk folder.
- If not, contact the Lantern AI Support Team
(assessment@support.careerhackers.io)

2. When will I receive my report?

- You will receive your report 15-30 minutes after completing the interview. If you haven't received it, check your spam folder. If it's still missing, contact the Lantern AI support team. (assessment@support.careerhackers.io)

3. What if my network disconnected during the interview?

- Lantern AI will wait until your connection is restored. Do NOT refresh the page or end the call. Once reconnected, the interview will resume.

4. Can I redo or restart the interview?

- In most cases, interviews are one attempt only unless stated otherwise.
- Please complete the interview in one uninterrupted session.

5. Can I pause the interview once it has started?

- Similar to a real interview, you can ask Lantern to wait for a few seconds but the interview cannot be paused for a long time once it begins.

6. What browser should I use for the best experience?

- Use an updated version of Google Chrome or Microsoft Edge.

7. How long does the interview usually take?

- The interview typically takes 10–20 minutes, depending on your responses.

8. Who should I contact if I face other technical issues or if I have any further questions?

- You can email the Lantern AI support team
(assessment@support.careerhackers.io).